

Flourishing Your Health

THE LIFE-PRESERVER

Are you sick of looking at the scale and being unsatisfied?

Do you feel overwhelmed and lost when it comes to losing or gaining weight?

Are you confused on how to start and maintain a healthy lifestyle?



WHAT DOES IT DO?

FEATURES

- A machine that scans your body to customize your **healthy lifestyle**
 - Produces a **personal** diet
 - Creates a distinct workout program that **fits your needs**
 - Can see where you have physical pain and gives suggestions to stop it
 - Is your own personal trainer
- It enables the user to **accomplish personal goals**
- Connect you with others that have similar goals
- **Secure!** No one can see your programmed process except you!



A Machine

An APP

A Lifestyle



The Life-Preserver is meant for **EVERYONE!** Whether you're a professional athlete or a novice in the gym, the Life-Preserver is a machine that scans your body then connects to an app to give you a structured plan on a training regiment, a diet and daily motivation to help your body flourish!

Join your
community in
improving your
lifestyle!

Whats great about the Life-Preserver is that, although it is a machine, it acts as our personal trainer and draws from all nutritional and physical training methods to provide for you what you need. Not only that, it connects with local stores and shops to find inexpensive healthy food options that will help you attain you goals..

Whats beautiful is this machine takes all the benefits from any ordinary workout app and goes above and beyond them. It scans your body and finds what needs help, knows your strengths and deficiencies and provides training and diet that work specifically for you! Connecting with your smartpone, the Life-Preserver makes living a flourishing, healthier lifestyle available.

Take the stress
out of a healthy
lifestyle

User Manual

3 Simple Steps:

1. Order the Life-Preserver and download the app
2. Turn the Life-Preserver on and scan your body
3. Follow the program!

Mission

Our purpose with the Life-Preserver is to enable individuals and communities to reach their health and fitness goals with perfect personalized programs. These programs are individualized, private and go above and beyond normal fitness apps by explicitly telling you what you need to eat, workout, stretch, when you need to sleep, and how you can take away pain. No matter your background in fitness or your time constraints the Life-Preserver has a simple but effective program for you!

