Rise

THE GUIDE TO A BETTER YOU

Choose the ideal you

Receive daily personalized reports

Adjust & grow

empathy→

THE GUIDE TO A BETTER YOU

Choose the ideal you

Receive daily personalized reports

Adjust & grow

empathy→
WHAT IS RISE?

Rise is a personalized self-improvement software dedicated helping you visualize who you are and how you are on a day-to-day basis.

HOW TO RISE

1. Answer some questions to help us get to know you
2. Reflect on what you care most about to design your ideal self
3. Receive animated, engaging daily reports based on how your day’s actions compare to your ideal profile
4. Make rapid adjustments to your lifestyle to become a better you

NOTES

Rise encourages constant introspection which ultimately results in self-actualization and transcendence.