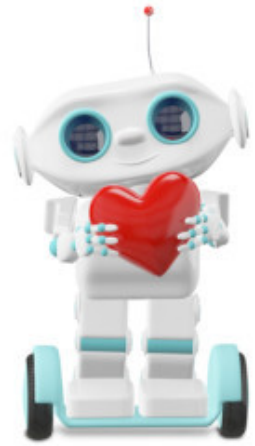


Say Thank You with Luna



Why you need Luna

Telling Luna what you are grateful for you will

- Increase your positive emotions
- Strengthen your relationships
- Help you deal with adversity
- improve your health

Luna cares about YOU

- Luna will adapt to your schedule and lifestyle to give appropriate reminders of when you express your gratitude
- You can adjust Luna's voice to suit your preferences**

BONUS features***

- If you say that you are grateful for another Luna owner, then their Luna will tell them that someone is grateful for them

*Harvard Health Publishing, "Giving Thanks Can Make You Happier," Harvard Health, accessed March 10, 2020, <https://www.health.harvard.edu>.

*Unfortunately, right now Luna can only communicate vocally so Luna is not accessible for some with speech and audio impairments

**If receiving or not being notified that someone was grateful for you will make you anxious or upset, you can turn this feature off

How Luna Works:

- Download the Lunapp to sync Luna to your iPhone or Android. The app will automatically connect Luna to your Wi-Fi network
- Your mobile phone will send Luna data on when you likely go to bed a sleep based off of the normal time at which you plug in your phone.
- Following directions in the Luna app, choose
 - what time of day you want to express your gratitude
 - how many times per week you want to express your gratitude
 - how/when you want Luna to remind you to say thank you (we recommend three days a week to start*)
 - Luna's language, voice type, and volume
- Now, Luna is ready to go! Tell her something you are grateful for.
- From now on, Luna will work to tailor its reminders to your schedule. To do this, Luna will use several details including when you most often talk to Luna, the conditions surrounding when you most often forget to talk to her, etc.
- Additionally, you can use the Lunapp "archives" to replay or read the transcription of what you were grateful for that day.

*If you choose the progressive plan Luna will help you increase the number of times a week that you express your gratitude