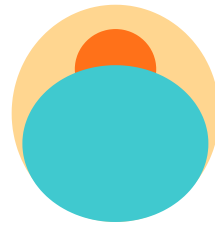


# Rise



## THE GUIDE TO A BETTER YOU

Choose the  
ideal you



Receive daily  
personalized  
reports



Adjust &  
grow



# WHAT IS RISE?

**Rise** is a personalized self-improvement software dedicated helping you visualize **who** you are and **how** you are on a day-to-day basis

## HOW TO RISE

1. Answer some questions to help us get to know you
2. Reflect on what you care most about to design your ideal self
3. Receive animated, engaging daily reports based on how your day's actions compare to your ideal profile
4. Make rapid adjustments to your lifestyle to become a better you

## NOTES

**Rise** encourages constant introspection which ultimately results in self-actualization and transcendence