



welcome to
CIRCLE

WHERE AI MEETS MENTAL HEALTH

Our goal is to make sure
no one feels alone.
Support is always here.

****Trigger Warning****



“What mental health needs is more
sunlight, more candor, and more
unashamed conversation.”

—GLENN CLOSE

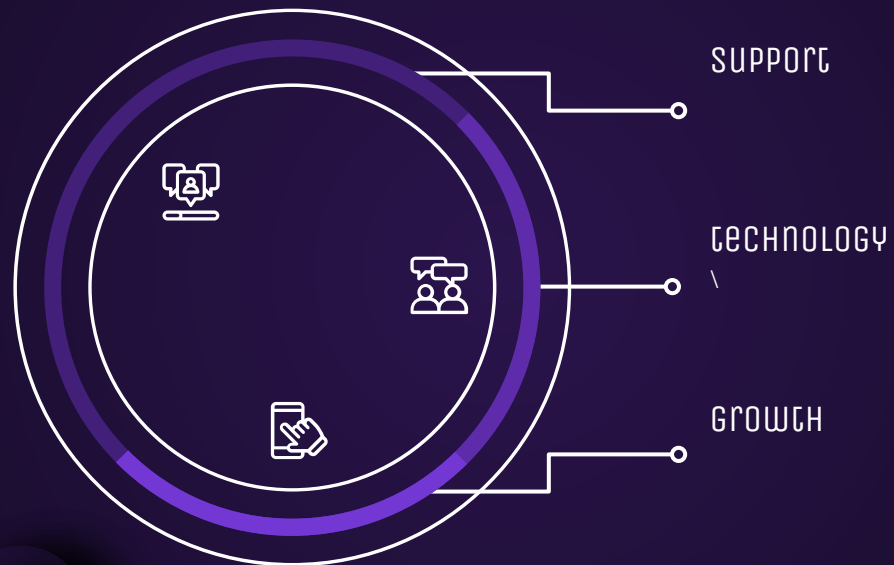
01
make a secure
account

02
get connected to
a community

03
get the support
you deserve

HOW DOES IT WORK

THE CIRCLE



SUPPORT

TECHNOLOGY

GROWTH

HELP center

account

Make a secure account (we value your privacy)

Tell us about yourself (but only what you're comfortable with, this is your journey)

Take our mental health quiz (so we know how to best support you)

Let our algorithms do the work (we can't make any promises, but we're pretty sure you'll get matched with the right community).

community

Talk briefly with your community supervisor (5 mins max)

Join your community (it really is that simple)

Introduce yourself (don't worry, everyone is here to support you) or don't (again your journey)

And that's that. You're connected to the circle

Support from the circle comes in many forms

SUPPORT

1- Your community and supervisor are here for you. Lean on them.

2- Our AI monitors, get to know you through your interactions and will kindly alert you when there is concern

3- You are apart of a community of people improving their mental health! Everyone in The Circle (whether they are in your community or not) is here for you.

4- Your info is never shared